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*Cheers everyone!*  
Mary Bigham  
Contributing Editor  
www.wcdish.com



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**MARY'S MESSAGE:**  
It's the cold ice tea on the porch part of the summer and it is HOT. With the rising temps CC Cuisine and Nightlife is pleased to give you info and events to help cool you down. Check out our Chester County Beer News, Top Foodie Movies for 2009 and all the entertainment and bands that you can handle in Chester County. Take advantage of your summer bounty and preserve it for the colder months with our guide to pickling.

Make the most of what's left of the summer everyone with great food, tasty drinks and hot music!

**UPCOMING:**  
Make sure you pick up the next issue of CC. We'll be introducing details of the Chester County Choice Awards 2009, sponsored by CC: Chester County Cuisine & Nightlife, Dailylocal.com and WCDish.com. Also, look for Concierge Chronicles, Chef Q&A, Buy Fresh, Buy Local and more!

Send comments to:  
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# THE CONCIERGE CHRONICLES

## DIXIE PICNIC



BY  
KEN ALAN  
WC DISH  
WRITER,  
CORPORATE  
CONCIERGE, AND  
FOOD WRITER



## Cooking Up Memories of the Past

*It was an Ocean City rain-out on a recent cool, summer Saturday morning. Plans for beach-bumming and board walking were washed away like sand, as were those favorite S. New Jersey flavors we had been craving. My kids: "Aw! No Mack & Manco pizza, no curly fries!"*

So, I hopped in the car on that wet weekend day, looking for a take-home lunch bite for the family, remembering the one taste of summer I recall from shore days gone by: Dixie Picnic, newly transplanted from bustling Ocean City, NJ to unassuming Frazer, Chester County - a move that took the business from 8th Street during in-season, to 12-months a year out here in suburbia. DeVal Shobbies (like me) are celebrating with mouth-watering joy!

Picnic stands out among the dozen or so eatery options in this busy Frazer shopping center.

Tracey, along with her husband, Dean Prescott, who part-times it amiably behind the counter (he's a real estate appraiser on most days), has invested deeply into her vision of a remembered past - one filled with recollections of grand mothers' and great aunts' and their fresh, Southern-touched boxes filled with lunches and dinners-on-the-lawn. Forkfuls of Aunt Bertha's macaroni & cheese, bites of Virginia baked ham platters, or, maybe a tall, cool glass of freshly-squeezed lemonade...

You can still order those fresh, steeped-in-nostalgia breakfasts and lunches Dixie Picnic made so well-known down the shore, the lovingly from-scratch goodness brought about by Dixie co-owner Tracey Deschaine.

"I try to bring back the taste of warm memories" Tracey smiles with reminiscence in her shiny pale blue eyes. "Nobody makes food like this anymore."

This happy cafe is Tracey's blue gingham, canary yellow and old B/W photo-wrapped storefront ode to bringing good people and good food together. Its new nook within Lincoln Court off Rt. 30 is a far cry from her former O.C. cottage. Still, tiny

Her menu is a sun-kissed sampling of the South, a mouthful of Americana in each bite. Tangy-sweet Georgia



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# BUY FRESH BUY LOCAL

## PICKLE ME PINK

BY  
LYNEA  
NEWCOMER  
WC DISH  
FRIEND

I came to pickles late in life, needing experience with bitterness before I could develop desire. Sweet foods? No problem. That must be a natural for most of us. I never believe it when people say they don't like sweet stuff. Super sweet frosting? Yeah, I understand. But how could you not love the natural sweet of fresh berries or best of all, a peach? Back to pickles, those reincarnations of the abundant cucurbit plants. I am under the impression of having planted a mini Gherkin variety put out by Happy Cat Organics. They've turned out to be anything but miniature due in part to my every-other day harvest schedule and abundant rain. Further, the rampant vine syndrome of Lynea's Gardens. It was a typical case of mistaken identity; I planted what I thought to be three cucumber plants in one area... two of those plants have matured into honeydew melon-bearing vines.

Moving on. Neighbors have graciously accepted some cucumber gifts, resisting their urges to throw excess zucchini at my windows I am sure. And I have set the gas range a-roaring with boiling water baths and vinegar/water concoctions to transform summer's abundance into food we'll eat during winter. Here is a pickling recipe with a couple options, earnestly passed along by a new acquaintance eager to share her mother's wisdom. I just may receive another on-farm visit from this gal, so eager is she to get her own two hands back into such time-honored rituals.

You'll need three clean large mouth 1-qt. Ball, Mason or Kerr Jars with new lids, and as many cucumbers (cleaned and sliced) as will fit in them. Also: 2 1/2 cups Heinz Apple

Cider Vinegar (5% acidity) and 2 1/2 cups water; 12 cloves garlic (peeled), 1/4 cup pickling salt; lots of fresh dill or your own concoction of pickling spices (recipe below.)

In a very large soup pot, bring water to a boil (enough so that placing the 3 Jars in this water covers them by a 1/2 inch). Using sturdy tongs, dip the Jars into the boiling water to sterilize. Do the same with the lids. Then, in 3-quart saucepan, combine water, vinegar, garlic cloves, and pickling salt. Bring to a boil. Now divide those garlic pieces between the Jars, and add your pickling spices of choice and/or dill. Slide in the cucumber slices (or whole, tiny, cukes). Take the boiling vinegar/water and pour it over the contents of the three Jars, filling each to within a 1/2 inch of the top of the glass. Slide a slim utensil down into the Jars to help release air bubbles. Next, place the lids on the Jars firmly, screw down several times. Place the Jars into the boiling water bath and process for 15 minutes. After removing them, allow to sit, and follow-up check to see that the lids popped 'down'.

I also tried this recipe using white vinegar and green beans. I'll write of the result when I pop open the jars in months to come. I am curious to



see if they turn out mushy. Might have to do more 'sweet' pickle recipes despite limited refrigerator space they require.

### A pickling spice recipe to try:

2 tablespoons mustard seed  
1 tablespoon whole allspice  
2 teaspoons black peppercorns  
2 teaspoons whole cloves  
1 teaspoon ground ginger  
1 teaspoon hot red pepper flakes  
2 small bay leaves, broken up  
2 inch piece of cinnamon stick,

cracked in small pieces  
1 teaspoon cardamom

Mix together and store in an airtight container.

### Interested in how to preserve more local produce?

Check out the Kimberton Whole Foods Local Preserving and Canning Workshop Series

CONTINUED ON  
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# COMING SOON...

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### Look for details in your next issue of CC!!

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**Kimberton Whole Foods**  
2140 Kimberton Road  
Kimberton, PA 19442

8/21/2009 6:00pm - 8:00pm

#### **PRESERVING AND FREEZING**

This is the second in a series of Local Food Preservation Workshops held throughout 2009 at Kimberton Whole Foods to help launch the Good Food Neighborhood. Betsey Gerstein Sterenfeld of Essen Cooking School in Lancaster will lead a small group in a hands-on session to help you discover an underappreciated workhorse in your kitchen: your freezer. (Menu to be announced).

Cost: \$45.

9/12/2009 3:30pm - 5:30pm

#### **PRESERVING TOMATOES**

This is the third in a series of Local Food Preservation Workshops held throughout 2009 at Kimberton Whole Foods to help launch the Good Food Neighborhood. Betsey Gerstein Sterenfeld of Essen Cook-

ing School in Lancaster will lead a small group through new ideas for "putting up" tomatoes just when you think you've had enough. Featuring:

- Cooked Salsa
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- Cost: \$45.

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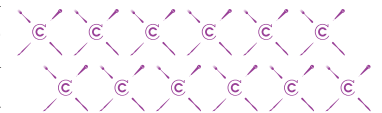
All Food items and canning jars will be available for purchase at a discount on the day of the workshop.

#### **Reserve your spot!**

To reserve online, visit [breathelivegrow.com](http://breathelivegrow.com) and select 'Reserve Now' and 'Cook with Essen'. Or: ring 717-391-8270 to reserve by phone.

#### **About the Series:**

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PHOTOS  
BY  
KAITLYN  
MCQUAID

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# ON THE TOWN



**THE MOXY**  
*at the Note*



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barbecue pork melts in the mouth, while Bud's chili 'n cornbread turns up the heat. All box lunch sandwiches come with a true classic – a creamy-good Deviled egg, plus one side, and an Upcake.

What's an Upcake? Think a freshly made cupcake turned upside down, then slathered with yummy frosting – a conical glazed mesa of sheer pleasure. Each bite, I promise, is an OMG moment...

Breakfasts also abound here; big belly-fillers like Smithfield ham biscuits, sausage gravy & biscuits, and the hearty burrito breakfast. The morning sea gulls overhead while we breakfasted in older days may be

gone, but Tracey's, fresh squeezed orange juice is still washing it all done nicely.

And she certainly has a forte in sweet things. Along with that Upcake, Tracey makes her own ice cream (the strawberry shortcake ice cream alone is worth multi-visits), and, her sticky buns are as fresh and scrumptious as any I've had downa' shore.

Note the repetitive use of the word fresh within this article. It's the only descriptor I can think of to illustrate

the quality of the fare being produced at Dixie Picnic.

My shrimp salad sandwich offered big, sweet chunks of shellfish, juicy picked tomatoes and crisp lettuce, all between homemade white bread – a just-made sensation. Quesadillas dipped delectably into a garden-y bowl of real guacamole mash. A muffuletta sandwich tasted like it had come from New Orleans famed Central Market.

It all hits home for us, while transporting my family and me, just for awhile, back to boardwalk and beach from our own Dixie Picnic days of yore.

Though we couldn't make it down the shore - thanks to Dixie Picnic - we were still able to enjoy the flavors of the past, right at our own kitchen table, or, while spread on the front lawn, once that rain finally stopped.



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## CHEF Q&A



# GASTRO-PUB

BY  
MARY  
BIGHAM  
WC  
DISH

*Paris Roldan, Executive Chef at Ram's Head West Chester's first gastro-pub; defined as a place that combines good food and drink at moderate prices 40 E. Market St • West Chester, PA 19382 • (484) 631-0241*

**Q:** So the first question usually is.... "how long have you been cooking?"

**A:** Oh man... at least 12 years.

**Q:** Were you born here or are you a transplant?

**A:** I was born in West Chester and when I was seven I moved to Columbia. Then I moved back and I actually did steel mine work for about 10 years.

**Q:** How'd you go from steel to food?

**A:** I used to read the Daily Local News food section and see recipes that looked so good so I would go home and cook. I was so unhappy working in the steel mine that I had to leave and my wife suggested that I try culinary school.

**Q:** So... where did you go?

**A:** I went to the Restaurant School at Walnut Hill College and when I graduated in trained in Philly where I was inspired to move toward the Latin culture in the kitchen. It's funny, the food I grew up on in Columbia I didn't think was anything exciting but when I saw how to do fusion foods I realized that I could really do something interesting with my heritage and fuse it with American cui-

sine.

**Q:** Where did you go from there?

**A:** I worked part-time at Spence Cafe and worked there for five years. During my time there I did continental foods and I would mix in a lot of Latin influence. I got very experimental in my last year there and I developed a following of people that really began trusting me and what I would put on the tables. I did a lot of fun, innovative things and just had fun with the food and people enjoyed it.

**Q:** I read that you worked in Miami for awhile as well. When did you do that?

**A:** I got to the point in my career that I wanted to work in a big city. It was a good time in my life to take an opportunity like that so I got a job in Miami and was very fortunate to work with some of my food heroes. I worked there for two years in the top Columbian restaurant in the country and while it was an incredible experience to work with the people I was working 80-85 hours a week and that got to be very hard on my personal and family life.

**Q:** Is that when you decided to come back to the area?

**A:** Yeah, I moved back to West Chester recently and had all of this experience and passion from what I learned in Miami. I had hoped to open a restaurant when I came back but when the timing was right for me to do that it wasn't the right time for the economy.

**Q:** Tell me about your family.

**A:** I have a wonderful wife and two kids, Onyx (age 7) and Blixn (age 9). I was afraid that I was working so many hours in the kitchen that I missed out or would miss out on a lot of their lives, so I was able to take some time to be with them when I first moved back. I worked part-time at Butterfish and spent a lot of time with family and then I decided I was ready to dive head first back into the kitchen.

**Q:** And thus, you entering the Ram's Head scene?

**A:** Yes. I've always done fine dining since the beginning of my career but this was an opportunity to totally be myself. I get to do fine dining food in a casual atmosphere.

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# Chester County ROAD TRIP

BY  
COLLEEN  
MULLEN  
WC DISH  
WRITER

## Blink 182 at Hershey Park

What if you were so awesome thousands of people would sit in the pouring rain for hours just to see you? What if you had such a profound influence on the lives of a generation that when you stepped out onto a darkened water covered stage the screams were so loud you couldn't be heard on the microphone? What if 16,000 people were all obsessed with the same thing, gathered together and screamed and sang at the top of their lungs? What if you waited from the time you were 12 years old to see a band that broke up, did side projects, got back together and finally went on tour when you were 21? I saw Blink 182 on Wednesday August 12th and my life is now complete.

Tom played the intro to Adam's Song as the stage lights made the rain a sparkling curtain in front of the stage and the entire stadium was dead silent when Mark started to sing; then entire space erupted and felt my heart melt, this was something I always wanted to see.

The set list was a perfect mix of huge hits that every girl who was ever 15 has rocked out to, like All The Small Things, First Date and The Rock Show (which Mark dedicated to all the wet sexy people in the audience, because we love you), and classics that true fans love, like Stay Together for the Kids, Josie, and Going Away to College. The set was stripped down to a minimum, the major theatrical lighting could not be used because of the weather but even with just the stage lights and the effect they gave playing off the rain made an already surreal situation that much more memorable.

At one point during the show my sister soaking wet and jumping up and down turns to me and says, "I have never felt more punk rock in my life!" Mark fell at one point, a guitar was slid through the water across the stage, and Tom suggested the band start a hockey team the way they were skating around. But as always Blink was all about the fans, they were so appreciative of everyone enduring the weather that Mark started the show by pouring a water bottle on his head and ended the show by not leaving the stage for the encore but just saying 'come on guys you all know we are going to play two more songs, we aren't going to leave you standing in the rain for 5-7 minutes to hear them'. And when they played Dammit to end the show and the entire stadium was screaming "well I guess this is growing up" I think we all just felt like kids again.

They've been gone for awhile but they have never left the hearts of their fans. Their songs have become summertime anthems for teens since they first released Dude Ranch. I remember being so jealous of the girls on Laguna Beach when they got to see them live in concert and the screaming voicemail I got after working the night of the grammys from my sister saying Blink 182 just

announced they are back together! Songs from this band make me remember very specific moments growing up and I think that's why they are so loved by thier fans, not only is the music fun but also it tells the story of our summers past. And now that they are back together and on tour, I truly hope seeing them live will become a summertime tradition.

I've had no voice for the past few days, I think I brusied my tailbone when I slipped and fell in the rain, and there's a good chance my sister, myself, and that shirtless drum playing wonder Travis Barker all have pneumonia after this night I can't remember a better concert and I can't think of a single other act I would have endured that weather for, and I think if you ask the other 15,999 kids who were there that night they'd all say the same thing.



← CONTINUED FROM PAGE 9

**Q: I have to admit I was blown away by the complexity of your food. It's a very unsuspecting atmosphere and comfortable but the food is just amazing. What was your thought process for the menu?**

**A:** I wanted to keep the descriptions for everything very basic so that when people order it and they taste it, it excites them and they experience things they didn't know they would experience. My goal is to convert the simple eater to someone that wants to try different cuisines and like it. I have a guy that came in every Sunday for wings and I'd slowly work him up to more complex things and now he can't wait to try new specials. That makes me very happy.

**Q: Any other secrets to your success in the kitchen?**

**A:** Service. I learned one very important thing in Miami. You need to make everyone feel like kings and queens and they will come back. If they love the food and feel important they bring friends and they want to keep coming back.

**Q: I heard you are a bit of a music freak too. Tell me about it.**

**A:** I am a huge fan of the arts. I used to be a rock journalist for a South American Magazine so I love the influence music has on everything, including the food I make. I'm also really into food for the visual art of it. I love to wow people with simple ingredients. I love looking at cookbooks to see what colors or techniques are used. Food is art and food

is fun, I try to convey that as much as I can with what I put out.

**Q: You have some very playful desserts on the menu. Are you a fan of sweets?**

**A:** Most chefs can be a little afraid of desserts because baking and making sweets can be such a challenge. Once I got over the fear of messing it up I got to have fun with it, after all it's supposed to be fun... it's dessert!

**Q: What can we expect from you in the future?**

**A:** I'll be here for awhile. I love working here and I have a great team. We have some fun ideas coming up like a weekly street food of the world and we'll have our kitchen staff start doing different sauces for things like wings so that the customers can order them and decide which they like the best.

We want to keep making

things fun for the customers and show a little bit of what goes on behind the scenes in the kitchen.



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### Paris's Kitchen Playlist:

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MORE ABOUT RAM'S HEAD ON PAGE 24 →

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Sep 5 2009 10:30p	<b>Spence Cafe Reggae Night</b>	W.Chester PA
Sep 23 2009 10:30p	<b>Spence Cafe Reggae Night</b>	W.Chester PA
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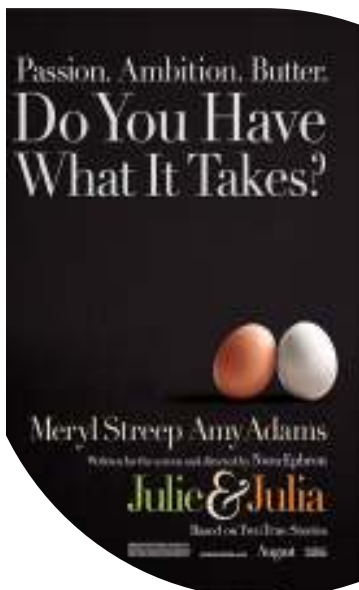
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# MARY'S TOP PICKS

BY  
MARY BIGHAM  
WC DISH

## TOP 5 FOODIE MOVIES OF 2009

*Movies you MUST see this year.*



### Julie and Julia

Warning: This movie will leave you wanting fresh baguette, creamy Brie, cream sauces, Boeuf Bourguignon, anything dripping with butter and lots of red wine.

Who doesn't adore the witty and totally lovable Julia Child? The woman that never actually cooked until her 30's decided that she'd follow her love for eating to create a revolution that would change the way America cooked. Follow her life story as it parallels present-day Julie Powell who ends her struggle to find herself with, you guessed it, food. Julie gives herself 265 days to make all 524 recipes from Julia Child's "Mastering the Art of French Cooking" cookbook and along the way channels her foodie hero Julia to find success.

Meryl Streep is Julia Child and Amy Adams is Julie Powell in writer-director Nora Ephron's adaptation of two bestselling memoirs: Powell's *Julie & Julia* and *My Life in France*, by Julia Child with Alex Prud'homme.

*Showing at theaters all over the county.*

### Food Inc.

Promises that you'll never look at dinner the same way. If you thought *Fast Food Nation* (2006) blew your mind, this film is sure to blow the rest of what's left of what you know about the food industry. In *Food, Inc.*, filmmaker Robert Kenner lifts the veil on our nation's food industry, how it's controlled by corporations focused on profit instead of consumer health, worker's safety and the environment. In a country riddled with widespread obesity and a diabetes epidemic this movie could literally help save your life.

Featuring interviews with such

experts as Eric Schlosser (*Fast Food Nation*), Michael Pollan (*The Omnivore's Dilemma*, *In Defense of Food: An Eater's Manifesto*) along with forward thinking social entrepreneurs like Stonyfield's Gary Hirshberg and Polyface Farms' Joel Salatin, *Food, Inc.* reveals surprising—and often shocking truths—about what we eat, how it's produced, who we have become as a nation and where we are going from here.

"Does for the supermarket what 'Jaws' did for the beach." - John Anderson, *Variety*

[www.foodincmovie.com](http://www.foodincmovie.com)

*Showing at The Colonial Theater in Phoenixville*

Fri, Aug 14 thru Thu, Aug 20

Movie Info Line: 610-917-0223  
Theatre Offices: 610-917-1228  
227 Bridge Street  
Phoenixville, PA 19460

### Fresh

FRESH celebrates the farmers, thinkers and business people across America who are re-inventing our food system. Among several main characters, FRESH features urban farmer and activist, Will Allen, a 2008 MacArthur's "Genius Award" fellow; sustainable farmer and entrepreneur, Joel Salatin, made famous by Michael Pollan's book, *The Omnivore's Dilemma*; and supermarket owner, David Ball, who is creating a new market model for our family farmers. FRESH's focus on these inspiring individuals and their initiatives around the US provides the audience with actionable solutions. FRESH is a call to action.

The screening will be held at the London Grove Friends Meeting-house outside Kennett Square. Local growers will be in attendance

so that participants have a means to put into action ideas they may get from seeing *Fresh*.

[www.freshthemovie.com](http://www.freshthemovie.com)

*Showing:*

August 22, 2009  
7:00 PM - 9:00 PM

*Address:*

500 W. Street Road  
Kennett Square, PA 19348

*Directions*

Five miles west of Kennett Square at the intersection of Pa. Route 926 and Newark Road. From Route 1 (north or south) take the Toughkenamon Exit and turn left (from northbound route 1) or right (from southbound route 1). Proceed (north on Newark Road) approximately 2 miles to the intersection listed above and the Meetinghouse is on the left. Immediate left turn into the entrance (on route 926).

### Homegrown- The 21st Century Farm

HOMEGROWN follows the Dervaes family who run a small organic farm in the heart of urban Pasadena, California. While "living off the grid", they harvest over 6,000 pounds of produce on less than a quarter of an acre, make their own bio diesel, power their computers with the help of solar panels, and maintain a website that gets 4,000 hits a day. The film is an intimate human portrait of what it's like to live like "Little House on the Prairie" in the 21st Century.

Director Robert McFalls says that HOMEGROWN is ultimately a family story. It's about what led them to where they are today, what changed them and what keeps them together. Perhaps by learning of their journey to a sustainable life style, we might be inspired to take

our own first steps.

*Screenings/Showing: Not available at this time.*

For more information go to [www.homegrown-film.com](http://www.homegrown-film.com) or look at The Dervaes family Web site: [www.pathtofreedom.com](http://www.pathtofreedom.com)

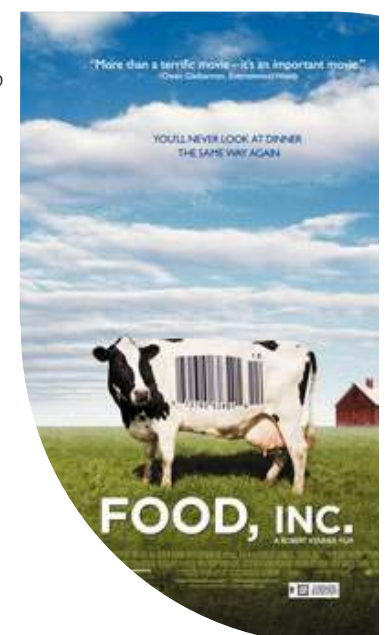
## COMING SOON:

### The Greenhorns

A Documentary Film About Young Farmers.

The movie documents an emerging movement of young farmers with a series of borrowed cameras and generous cinematographers. Shot over the last two years you will follow these scrappy, resourceful, adaptive young Americans that have taken control of what they are consuming and are proud to share their story with their community.

*Showing after its release on November 9th.*



*Longwood Gardens,*  
*Garden* 2009  
GROOVES

**SHEMEKIA COPELAND**

**August 22, 7:30 pm**

At her young age, Grammy-nominated Shemekia Copeland is already a force to be reckoned with in the blues world. She has opened for the Rolling Stones, headlined at the Chicago Blues Festival and shared the stage with such luminaries as Buddy Guy, B.B. King, Taj Mahal and John Mayer.



For tickets and information visit  
[www.longwoodgardens.org](http://www.longwoodgardens.org) or call 610.388.1000.

# INEBRIATED BY ART



BY  
JAMES  
LEE  
BURK

# FRUSTRATION

*I have found many things in life that can be frustrating but if you put in the time and effort, frustration can sometimes lead to good things. I have been frustrated for years at most of the Philadelphia teams not being able to go to the big game. I have watched sports for about 25 years and I assure you, I am used to frustration weather it be a teams unwillingness to spend money on a première player or a teams unwillingness to say when enough is enough.*

Take for instance the Phillies, for years a bastion of how frustrating being a fan can really be, one of the only teams with a ticket to the big game with a win in that final game. Frustration leaving my body like a big pent up smell exuding from me as pride when I can finally tell someone about being a fan and I then get respect for their good play and my excellent taste in winning.

As a fan of the fourth or fifth biggest sports market in the country, I am used to the hollow feelings that come with a loss in the playoffs from the Eagles to the Sixers to the Flyers, hope held up then dashed to the ground tearing at your heart -- a hopeless sob of regret at the wasted time spent watching your made up friends once again fail you. Then along came the 2008 Phillies, once again pulling at my heart strings with their gritty workman like attitude and never give up play. I once again felt that stirring of community pride that comes with being a winner.

Unlike many Philadelphia teams, the Phillies held up my heart like a broken bird and helped it fly again, hope restored in the facts that I hold true -- that Philadelphia sports are worth the all the agony and frustration that it entails at being such a fan. Famous for its attitude and punch you in the face charm that being a Philly fan brings, I have reached the promise land, it's the land where someone talks about their team and

you can say yes they are great but my team is the best. Go Phillies, in these times of steroids and various other supplements. The Phillies stand true that hard work and perseverance do pay off.

So this week remember to watch your local team as it fights it way back to the top of the heap and remember the joy and great feelings that a championship brings to your mind and community. In these days of intense heat and humidity, your team is out their trying to

CONTINUES ON PAGE 17 →

# TOMMY'S

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# IN THE STUDIO



BY  
BRIAN  
MCTEAR  
OWNER OF  
MINER STREET/  
CYCLESOUND  
RECORDINGS

## THE WEATHERVANE PROJECT

The past two weeks, it's been back to the grindstone for Weathervane Music. Weathervane is a nonprofit music organization that I and a small group of friends have been fashioning for the past year. We produce a series of music recordings and hi-definition video recordings called The Weathervane Music Project Series, through which we've re-

corded and released two artists already (Austin Texas' Sunset and Philadelphia's East Hundred).

The focus most recently has been building a community of fans, musicians and recording enthusiasts to support the work of Weathervane, and the need to be activists and promote activism in our

society on behalf of artists who make music.

The first task is difficult enough. Anyone who has started a band or any project that needs community support will tell you that there is just too much "noise" on the Internet, and cutting through that noise to promote your project is incredibly difficult. My own personal sense is that people "skim" their channels (i.e. Facebook, Twitter feeds, etc.) and therefore, they are highly likely to lose your important posts among other people's purely casual posts. Further, if you have a unique new idea, the details of which may be fairly nuanced but nonetheless crucial to the understanding of your idea, then people's reduced attention on the Internet feeds is just not going to work.

Case in point: Weathervane. Even among my own personal friends, people who would have added incentive to find out what I am doing, especially if links to news and info are emailed directly to them...even these people don't really GET what Weathervane is all about. They think we're talking about a nonprofit record label, and we are not.

Weathervane is more like a selective small business incubator for great independent musicians that produce a "member-supported" (like public radio) series of music and video to highlight and advance those musicians. It may seem like a label, but it's not. Nonetheless, getting people to comprehend those nuances is incredibly difficult as they skim Facebook statuses.

The other issue at hand for Weathervane is the true need for straight up activism on behalf of independent musicians - their rights and their livelihood. As a society we spend hundreds of dollars per year on music. Unfortunately, that money these days goes to iPods, phones that play music and computers that will stream music. If you thought there was a long line of payouts that musicians of the past had to endure (i.e. labels, A&R agents, producers, etc.), I submit that the line is far more convoluted, and that today, in most circumstances, it will never result in artists seeing a penny for their music.

Weathervane is committed to educating society about the artistic process, and about the need for independent artists to get paid. We

should all have a clear idea of what types of music activities truly, and DIRECTLY support the artists we love by putting money in their pockets.

This isn't an attempt to put society on a guilt trip. It's simply a matter of fact: If you want great music in your society, then musicians have to be able to make a living with music. And besides, it's only fair.

The best way to convey all these ideas, I've found, is by talking to people directly. We've recently begun to have meet-ups in different locations around the city. People come out, and they hear everything we're doing and the idea crystallizes through conversation. It's been incredibly effective. Even at a rate of 15 or 20 people at a time, we've reached more people in recent weeks by sitting down and talking than we have through virtual discussions.

**-- If you'd like to be notified of our next meet-up, send an email to [info@weathervanemusic.org](mailto:info@weathervanemusic.org). Write "Notify Me for Weathervane Meet-ups" in the Subject.**

*-- Brian McTear is a musician, producer and engineer, the owner of Miner Street Recordings in Philadelphia, and founder of Weathervane Music Organization. Information, including pictures of the Weathervane Project Series sessions, can be found at <http://weathervanemusic.org>. To make a donation, go to <http://weathervanemusic.org/donate> For more information on Miner Street Recordings, <http://myspace.com/miner-streetrecordings>. Espers - <http://www.myspace.com/espers>*

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represent the hopes and feelings of a whole community -- hopefully bringing another chance at greatness. So I guess what I'm really saying is sports are like an analogy of life frustration -- everyday life can build, then there is the release of pent up emotion that can spill out of you like a warm over carbonated soda gushing out onto the hard dry ground soaking up all that regret, but with a few spoonfuls of hope it can lead to great things flowering into that obsessive belief that your city and your players and your people are the greatest in the world. This is something that I believe.

Anyway because of the Phillies playing their way to greatness I personally had my faith restored and once again my imagination sparked, that perfection or being the best at something is worth the sometimes overwhelming frustration that failing for years can bring. So if you ever had a dream of perfection or greatness -- it can happen to the Phillies and it can happen to you.

-- James



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## WITH SKY DROPS

**IF YOU LISTEN TO THE SKY DROPS EP "CLOUDS OF PEOPLE" YOU WOULD NEVER KNOW THAT THEY ARE JUST A TWO-PIECE BAND. DRUMMER, SINGER AND MULTI-INSTRUMENTALIST MONIKA BULLETTE AND GUITARIST, SINGER ROB MONTEJO CREATE A MAMMOTH SOUND THAT PAYS HOMAGE TO BANDS LIKE THE SWIRLIES AND SLOWDIVE, YET KEEPING THEIR OWN SOUND, WITH CLEAR, SOARING POP MELODIES AND HUGE, SINGING, CRYSTALLINE GUITARS. SINCE I GOT THE CD, IT HASN'T LEFT MY CAR.**

### HOW DID THE BAND START?

**Rob:** We started playing in August, 2005. I wasn't in a band at the time. I wanted to play something fresh and simple, basic, where I could let my guitar go full-on without competing with anything, really let it sing. I new Monika played drums and sang, so I gave her a call.

**Monika:** Rob had helped me produce a song that I done for a solo project, so when he called me, of course I said yes.

**Rob:** As soon as we started playing together it was right.

### CAN YOU DESCRIBE YOUR BAND IN ONLY COLORS AND EMOTIONS?

**Rob:** Green, Blue, Orgasmic!

**Monika:** The EP is like a blue or tan, the new record coming out is like a barn-door green, a distressed green.

**Rob:** Disturbed.

**Monika:** Also gold, Palimino.

### EMOTIONS? OTHER THAN ORGASMIC?

**Monika:** Oh! I thought he meant orgasmic blue!

**Rob:** Yeah-

**Monika:** Like a Ralph Lauren paint chip!

### WHAT EMOTIONS DO YOU ATTACH TO YOUR SONG WRITING, OR WHERE DOES IT ORIGINATE?

**Rob:** Darkness

**Monika:** Pining...or wishing for things that have never been.

**Rob:** Oh yeah?

**Mike:** What was the last great show you saw?

**Rob:** Awesome Color. They were... awesome.

**Monika:** Nick Cave last year. The whole band is so talented. Also Ozzy...a long time ago.

### NAME SOME OF YOUR FAVORITE RECORDS.

**Monika:** The first four Black Sabbath albums.

**Rob:** I've actually been revisiting one and it really stands up to the test of time: Rush's "Moving Pictures."

**Monika:** I think Rush is a guy thing.

**Mike:** I went through a short phase.

**Rob:** I'm not a massive Rush fan, but that particular record, for whatever reason is good. Also the Cure's "Pornography," the Police is one of my favorite bands, probably "Ghost in the Machine."

### AS A DUO, HOW DO YOU FILL UP THE SOUND AND KEEP IT INTERESTING FOR YOURSELVES AND THE AUDIENCE?

**Rob:** I use several different guitars and my sound is not a conventional sound, it is pretty bassy. It's a beast. I use two amps and a few different overdrive pedals.

**Monika:** We have a lot of harmonies too.

**Rob:** Yeah, I like being limited to what we have. It makes me be more creative and fresh. But I know it's gonna be Monika's voice and my voice and a guitar. Sometimes Monika plays keyboards.

### WHAT'S YOUR RINGTONE?

**Rob:** Just the generic ringtone.

**Monika:** yeah, me too.

The Sky Drops have a new full length record, "Bourgeois Beat," on Frida-bear records, available on iTunes and other download sites and is available in the U.K. from Spoilt Victorian Child.

MORE INFORMATION ON THE SKY DROPS CAN BE FOUND ON THE WEB (you know, stuff like tour dates, how to buy the record and all that useful stuff) at:

[www.theskydrops.com](http://www.theskydrops.com)  
&  
[www.myspace.com/theskydrops](http://www.myspace.com/theskydrops)

— Sound check is brought to you every two weeks by Mike Bardzik — drummer, recording engineer, owner of Second Story Sound Studios in West Chester and an all around good guy. Visit Mike at [www.secondstorysoundstudios.com](http://www.secondstorysoundstudios.com).

# Chester County Beer News

BY  
MARY  
BIGHAM  
WC DISH

## Saison-A-Thon

On Thursday, August 20,

staff members from Iron Hill Brewery & Restaurant (3 West Gay Street, 610-738-9600) will compete in a one-of-a-kind Saison-A-Thon, a playful competition in which teams of employees will season

their own Saison-style beers and present them to a public audience of beer lovers, who will rate the offerings in a variety of categories. Beginning at 6:30 p.m., customers will pay \$5 per person for a 4 oz. taste of each beer

and a note sheet for scoring them in the various categories.

Each beer will use five gallons of Iron Hill's own Saison as a base for their recipe; teams are then invited to 'season' their brews with any combination of fruit, spices, vegetables, brewing bacteria or other potables. At 7:30 p.m. at the event, after the audience has tasted each beer, every team will have three minutes to put on a "sales presentation" for their beer, after which the audience will judge them in such categories as "People's Choice," "Best Name," "Best Logo," "Most Creative Use of Spice or Special Ingredient," "Best Sales-personship" and more. The People's Choice winner will be produced and sold at Iron Hill; other prizes, including a free keg of the winning beer, are also planned for winners in other categories.

"Here at Iron Hill, our staff is one of our greatest assets. We are looking forward to the tasting and to sample

what one-of-a-kind combinations they'll create," says Head Brewer Larry Horwitz. "For all we know, one of these special Saisons may be our new favorite beer."

Iron Hill Brewery & Restaurant has eight locations, in Newark, DE; Wilmington, DE; Media, PA; West Chester, PA; North Wales, PA; Phoenixville, PA; Lancaster, PA and Maple Shade, NJ. All eight locations are open seven days a week for lunch and dinner. **For more information about Saison-a-thon, please call (610) 738-9600 or visit [www.ironhillbrewery.com](http://www.ironhillbrewery.com).**

Victory Brewing Company News:

## Saison's V has a New Wardrobe

Bill Covaleski unveils the latest addition to the Victory family, only it's

not exactly the first time we've seen this beer. V Saison is a marvelous beer, but the larger corked bottle makes it seem a little unapproachable. We noticed that the sales numbers for V-Saison didn't reflect the quality of the beer so we went back to the drawing boards to figure out how we could fix that without changing the taste that so many people love. Behold: the more affordable Helios Ale.

Helios is around \$32 / case (12, 22oz bottles/case) or \$4.50/bottle  
Victory Brewing Company  
420 Acorn Lane  
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# HE SAID SHE SAID / WHERE TWO SINGLES MEET AND REVIEW the food & each other.

BY:  
MARY  
BIGHAM  
WC DISH



THE GIRL:

AMY

AGE: 24

OCCUPATION: Fashion Designer

HOBBIES: Making out, eating food, taking walks, shopping, art, music, snowboarding trips, sewing (making clothes & bags), having dinner parties, traveling & driving fast



THE PLACE:

ITALIAN SOCIAL CLUB

329 E. Gay St.  
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THE GUY:

BEAU

AGE: 29

OCCUPATION: Ski Instructor

HOBBIES: Traveling, music, photography, family & friends, staying active with skiing, biking & staying in shape

## FIRST IMPRESSIONS?

- **BEAU:** My first impression of Amy was that she was pretty, tall and tan. She also seemed very friendly and personable.
- **AMY:** My first impression was that he seemed nice, although a bit quiet for me.
- **BEAU:** She looked nice. She had on a black dress and a really cool gold necklace that looked like two feathers.
- **AMY:** He looked nice; his hair looked soft. He was right on time and, as usual, I was late.

## WERE THEY YOUR TYPE?

- **BEAU:** I don't have a type per say. She fit within the parameters of someone I would be interested in: attractive, in shape, educated, traveled and personable. (He laughs, So maybe I do have a type?)
- **AMY:** He didn't really have the dynamic personality that I am attracted to.

## THE RESTAURANT:

- **BEAU:** The Italian Social Club is a good Italian place. The name alone invokes imagery of an old Italian speakeasy or hangout to me.
- **AMY:** The atmosphere reminded

me of a banquet hall at a mid-priced hotel.

- **BEAU:** They recently moved from their original location in downtown West Chester to a newer location so the architecture was not conducive to the imagery I conjured up. That being said, the place was nice, the staff was amazing and the atmosphere was a dimly lit traditional Italian setting. It was nice.

## DRINKS AND APPETIZERS:

- **BEAU:** I ordered a Peroni...it's a great Italian beer. I love it; it's one of my favorites.
- **AMY:** I ordered a Peroni. It was tasty.
- **BEAU:** I forget the name...begins with a C...(Caprese Salad). She got the same thing. It is sliced tomato with sliced fresh mozzarella in between with pesto on top and some balsamic. It was so delicious!
- **AMY:** We both ordered a Caprese Salad. It had a pretty presentation and a good dressing.

## MAIN COURSE:

- **BEAU:** I ordered the special, which was a creamy based pesto with a hint of marinara served with chicken. It was very good and had a very rich

sauce.

- **AMY:** I ordered the Fra Diavolo with Crab Meat. I liked it. It wasn't too spicy and had a ton of crab.

## DESSERT:

- **BEAU:** We split the cannoli. It was really good. I also had a coffee.
- **AMY:** Cannoli, which I can't stand in general but I was happy to share it with him.

## HOW WAS THE SERVICE?

- **BEAU:** The service was great. Not rushed at all and we had a very nice pace to the dinner.
- **AMY:** The service was very even. The staff was nice, they smiled a lot and seemed to have a nice time talking at the bar waiting for us to leave at the end of the night.

## THE CONVERSATION:

- **BEAU:** Initially the conversation was good. Within 15 minutes or so though I think we both felt there was

no connection. I hate awkward moments of silence so I felt like I had to keep the conversation going. It was tough, but you can't force chemistry.

- **AMY:** There were a few quiet moments where it seemed like he was searching for things to say. It almost seemed like he practiced a list of questions to ask.
- **BEAU:** We talked about the basics, like where we are from, where we went to school, what we do for a living. We also talked a decent amount about traveling because we both love to travel.
- **AMY:** We talked about school, work, etc. He talked about how he is a snowboarder and had a big beard for 6 years.

## THE TWIST:

- **BEAU:** During our conversation I talked about my age and she mentioned that I looked younger. I normally have a beard, which makes

CONTINUED ON PG 21 →

## CALLING ALL SINGLES!

If you would like to take part in HE SAID, SHE SAID, please email your name, age, job title and hobbies along with a picture to [wcdish@gmail.com](mailto:wcdish@gmail.com). When we have a match for you, we will let you know.

← CONTINUED FROM PAGE 20

me look older. It was at that point that Amy said, "I have a friend from college and you would be her, like, dream guy. Do you mind if I give you her number?"

• **AMY:** When I heard about the beard, I blurted out, "One of my friends would love you!" I gave him her number.

• **BEAU:** At that point I realized for certain that we both were feeling the same non connection on the date. We both acknowledged at that point that we were feeling the same way. At the end of the date she gave me her friend's number. Then we parted ways after that.

**WAS IT A MATCH?**

• **BEAU:** Not with Amy. It looks like her friend and I are, though.

• **AMY:** No.

**WAS THERE A KISS?**

• **BEAU:** No.

• **AMY:** No.

**WILL THERE BE A SECOND DATE?**

• **BEAU:** With Amy, no. I called her friend the next night. We met up later that week and have hit it off so far.

• **AMY:** Nope. He already went out with my friend. She said she hit it off with him and can't wait to hang out again!

# WINNER!



## CORTNEY TUCCI

of West Chester

recently won a \$100 gift certificate to Becca's Restaurant in Phoenixville. The gift was part of a random drawing held by CC – Chester County Cuisine and Nightlife, the Daily Local News and the recent Iron Hill Twilight Criterium bicycle race.





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# BEER AND BBQ

BY JUSTIN MCANENY  
STAFF WRITER

I can think of no better way to start a story about beer and BBQ than this quotation from "The Simpsons:"

"Homer: Are you saying you're never going to eat any animal again? What about bacon?"

Lisa: No.

Homer: Ham?

Lisa: No.

Homer: Pork chops?

Lisa: Dad, those all come from the same animal.

Homer: Heh heh heh. Ooh, yeah, right, Lisa. A wonderful, magical animal."

Because a pig is a "wonderful, magical animal" when it's cooked right; pair it with beer and you've got yourself one hell of a Saturday afternoon. And that's exactly what Victory Brewing Co. organized on Aug. 8 at Twin Brook Winery in Sadsbury, Lancaster County.

When Victory remodeled its existing location, one big change that was introduced to the kitchen was the installation of a smoker so that the restaurant could cook its own BBQ. But that wasn't enough; two members of Victory's staff, restaurant general manager

Matt Krueger and restaurant manager Diane Desiderio took classes offered by the Kansas City BBQ Society on how to judge BBQ.

The next logical step was to host a BBQ competition, partnering with the Mid-Atlantic BBQ Association and hosted at the winery. Good beer, good wine and good food was what Desiderio, who helped organize the event, wanted to bring together.

However, everyone involved also "wanted to benefit a good organization," Desiderio said. So part of the proceeds were donated to the Chester County SPCA.

With 10 BBQers competing -- believe me when I say there was something in the air. And it smelled delicious.

Competitors, from around the region, presented both ribs and chicken

to a panel of judges. And when the plates were clean, Pigheaded BBQ from Middletown, Del., took home the bacon in both the ribs and chicken category.

Although winning was great for the competitors, the real winners were those that got to taste the goods. "I think everyone was really into it," Desiderio said. And why wouldn't they be? The sun was shining, grapes growing on vines provided scenery, a band provided entertainment and you were able to walk around with a beer in one hand and a rib in the other.

Seeing people, seeing the grapes, "Saturday was delightful," said Victory regular Pat Jolly who attended the BBQ competition. "The whole event was great."

Desiderio said she would like to see the event grow and become tradition over the years. She's already looking ahead to next year and hoping to double the number of competitors to 20, have more bands and offer more activities for children ... to really turn it into a fun, family day. But she was also very adamant about thanking Twin Brook. "I think they do a great job and were very helpful," she said

## OTHER BBQ COMPETITORS INCLUDED:

- Texsylvania Smokehouse
- Mapleshade Smokers
- Pequea Pullers
- Mikey O'Real BBQ
- Saucy Butts BBQ
- Jimmy's BBQ
- Wop-A-Que
- Porkmiester BBQ
- Adam's Ribs





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# Ram's Head:

## Not your typical college town bar food

AUG. 19, 2009 / PAGE 24



BY  
KATIE  
BRENNAN  
WC DISH  
WRITER



I have to admit, I didn't expect much when I first walked into Ram's Head Bar & Grill on Market Street in West Chester. Other than the sign outside, the place doesn't look wildly different from the previous tenant, Baxter's, which still occupies the downstairs space. And Ram's Head self-proclamation as a gastropub, a "public house which specializes in high-quality food," simply made me hope for a good burger. Then I glanced at the menu.

This is not your typical college town bar food. While Ram's Head offers traditional pub fare like burgers and wings, plates like the Sweet Corn Cakes with duck confit and goat cheese and the Atlantic Salmon with Middle Eastern spices, honey mint glaze, warm salad of baby spinach, raisins, fried garbanzos and bacon offer an exciting, deliciously different sort of dining experience. I tried both dishes and they were outstanding. Ram's Head also features exotic spins on pub favorites – the Argentinian Burger with Manchego cheese and chimichurri mayo, served with plantain chips, is probably one of my favorite cheeseburgers, ever.

The chef, Paris Roldan, is just as intriguing as his menu. Born in West Chester, Roldan moved to Columbia at a young age and picked up some culinary skills while working at his family's restaurant. Despite his early proclivities towards food, Roldan

moved back to the Philadelphia area and actually started his career as a steel worker until his wife pushed him into restaurant school. Smart move – he found success working in some of Philadelphia and Miami's top restaurants, cooking side by side with 'Top Chef' contestants and down the street from the likes of Anthony Bourdain. However, Roldan wanted to raise his two young children in a good town, and left the high pressure, high profile world of fine dining in Miami to move back to West Chester. A stroke of luck found him collaborating with Ram's Head's owners, creating West Chester's very first true gastropub.

While Roldan has achieved his goal of "bringing fine dining to the masses without pretention," he still likes to get a little fancy with his desserts. The "Cracker Jack" is a deconstructed version of the baseball park favorite, with popcorn ice cream, peanut cake and caramel foam. Likewise, the "S'more" features crushed graham crackers, chocolate truffles and toasted marshmallow ice cream. Both were simply amazing.

Without a doubt, Ram's Head is the most exciting new restaurant in West Chester. Daily drink specials and activities like quizzo, karaoke and beer pong still make for a fun

college bar, but those of us looking for a special meal will certainly find one here. If you haven't noticed it yet, go visit immediately – your stomach will thank you!

### Ram's Head Bar and Grill

40 E. Market Street  
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[ramsheadbarandgrill.com](http://ramsheadbarandgrill.com)





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# Brandywine Ballet Celebrates its 30th Anniversary Season of Dance - New Web Site!



West Chester, PA – Chester County's Brandywine Ballet will present its 30th Anniversary season of dance in 2009/2010. The company has launched a new website featuring popular interactive features such as Twitter, Facebook, and MySpace to commemorate the occasion. The 30th Anniversary marks the return of Brandywine Ballet's popular full-length ballet Dracula, holiday performances of The Nutcracker, and the world premiere of a new work celebrating the 100th Anniversary of composer Samuel Barber. Tickets are on sale now at [www.brandywineballet.com](http://www.brandywineballet.com) and (610) 696-2711.

The recent bestselling novel and movie Twilight illustrates the enduring nature of themes such as undying love and conflicted passion at the center of vampire folklore. Nancy Page's Dracula (Oct. 23-25) based on the original Bram Stoker vampire

novel, follows the immortal romance of beautiful Mina and the 400 year old vampire prince Count Dracula. In addition to impeccable soloing, sensual pas de deux, and exhilarating ensemble dancing, Dracula includes sets of eerily lit 19th century castles and sun-draped terraces; tantalizing costumes and suspenseful sword battles; as well as an emotionally moving musical score.

Brandywine Ballet's The Nutcracker (Dec. 11-20) is firmly rooted in the magnificent splendor of the Victorian Era during Act I, transporting audiences to the enchanted Land of Sweets in Act II. Join Clara's journey full of imagination, in which Toy Soldiers and Mice ballet fiercely, the Sugar Plum Fairy reigns, and an all ages cast of over 80 dancers and actors create pure balletic magic. The Nutcracker, a long running tradition in Chester County and across

the country, is sure to delight and set your holiday season off on the right track.

2010 marks the 100th Anniversary of international composer and West Chester native Samuel Barber. For its spring performance, Brandywine Ballet will debut a new work featuring the music of Samuel Barber at Longwood Gardens (June 4) as part of Chester County wide tributes to the great composer. In addition to honoring Samuel Barber, the company has secured licensing and George Balanchine Trust approval to perform Balanchine's Valse Fantasia. Brandywine Ballet's Longwood performance concludes a triumphant 30th Anniversary season of dance.

Donna Muzio founded Brandywine Ballet in 1979, and has continuously served as the company's Artistic Di-

rector. Brandywine Ballet includes pre-professional and professional dancers, as well as guest artists. The Certificate in Ballet, a joint program with West Chester University, enables dancers to pursue the academic degree of their choice while participating in Brandywine Ballet's classes, rehearsals, and performances. In recent years, the company has premiered works by guest choreographer's Matthew Neenan (Ballet X), Ronen Koresh (Koresh Dance Company), and Meredith Rainey (formerly Pennsylvania Ballet), as well as earned George Balanchine Trust approval to perform three Balanchine pieces Concerto Barocco, Tchaikovsky's Pas De Deux, and Serenade. National publication Dance Magazine recently recognized Brandywine Ballet for its thought-provoking mix of classical and contemporary ballet programming.



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# CONCERTS

TICKETS FOR MOST CONCERTS ARE AVAILABLE THROUGH [LIVENATION.COM](http://LIVENATION.COM) OR [COMCASTTIX.COM](http://COMCASTTIX.COM).

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**THE WACHOVIA CENTER, Philadelphia:** American Idols Live (Aug. 20, 7 p.m., \$43.50 to \$69.50); Britney Spears (Aug. 30, 7 p.m., \$39.50 to \$495); Pink with The Ting Tings (Oct. 3, 8 p.m., \$36.50 and \$46.50); Miley Cyrus (Nov. 4, 7 p.m., \$39.50 to \$79.50).

**THE WACHOVIA SPECTRUM, Philadelphia:** Bruce Springsteen and the E Street Band (Oct. 13, 14, 19 and 20, 7:30 p.m., \$68 and \$101); Leonard Cohen (Oct. 22, 8 p.m., \$36.50 to \$250); Pearl Jam (Oct. 28 and 30, 7:30 p.m., \$77).

**LIACOURAS CENTER, Temple University, Philadelphia:** "Love Train: The Sound of Philadelphia" with the O'Jays, The New Stylistics, the Delfonics, the Intruders, Harold Melvin's Blue Notes and others (Nov. 14, 6 p.m., \$55 to \$75).

**THE SUSQUEHANNA BANK CENTER, Camden, N.J.:** the Allman Brothers Band and Widespread Panic (Aug. 21, 7 p.m., \$29.50 to \$75); Blink-182 with Weezer, Taking Back Sunday and Chester French (Aug. 27, 6:30 p.m., \$20 to \$69); Rascal Flatts with Darius Rucker (Sept. 11, 8 p.m., \$32.50 and \$73.25); The Dave Matthews Band with Robert Randolph and the Family Band (Sept. 19 and 20, 7 p.m., \$40 and \$75).

**FESTIVAL PIER, Philadelphia:** OAR with Brett Dennen (Aug. 18, 7 p.m., \$35); The Flaming Lips with Explosions in the Sky, and Stardeath and White Dwarfs (Aug. 29, 7 p.m., \$39.50); Staind with Shinedown and Chevelle (Aug. 30, 7 p.m., \$35).

**MANN CENTER FOR THE PERFORMING ARTS, Philadelphia:** "The Heroes of Woodstock" with Jefferson Starship, Ten Years After, Canned Heat, Big Brother and the Holding Company and Country Joe McDonald (Aug. 18, 8 p.m., \$33 to \$73).

**THE TOWER THEATER, Upper Darby:** The cast of "It's Always Sunny in Philadelphia" presents the rock opera "The Nightman Cometh" (Sept. 17, 8 p.m.); Snow Patrol with Plain White T's (Sept. 26, 8 p.m., \$33 to \$40); Bob Weir and Ratdog (Oct. 16 and 17, 8 p.m., \$29.50 to \$65); David Gray with Lisa Hannigan (Oct. 27, 8 p.m., \$39.50 to \$55).

**THE ELECTRIC FACTORY, 421 N. 7th St., Philadelphia (215-627-1332 or [www.electricfactory.info](http://www.electricfactory.info)):** Clutch, Wino and Revolution Mother (Sept. 11, 8:30 p.m., \$25); Down With Evil Army and Weedeater (Sept. 12, 8:30 p.m., \$25); Mos Def and Talib Kweli with Jay Electronica and Medina Green (Sept. 17, 8:30 p.m., \$25); Regina Spektor (Sept. 24, 8:30 p.m., \$35); Lebowski Fest Movie Party with Black Diamond Heavies (Sept. 25, 8:30 p.m., \$20); Porcupine Tree with King's X (Sept. 26, 8 p.m., \$26); Phoenix with Chairlift (Sept. 28, 8 p.m., \$20); Arctic Monkeys (Sept. 30, 8 p.m., \$25); Every Time I Die with Bring Me the Horizon, Oh Sleeper and Architects (Oct. 3, 8:30 p.m., \$17.50); Skillet with Hawk Nelson, Decyfer Down and The Letter Black (Oct. 4, 6 p.m., \$28); Grizzly Bear with Beach House (Oct. 7, 8 p.m., \$26); Colbie Caillat with Howie Day (Oct. 14, 6:30 p.m., \$25); The Avett Brothers (Oct. 16, 8:30 p.m., \$26.75); Andrew Bird with St. Vincent (Oct. 25, 8 p.m., \$25); Ani DiFranco (Nov. 20, 8:30 p.m., \$34).

**THEATER OF THE LIVING ARTS, 334 South St., Philadelphia:** Collective Soul with Safety Suit and Black Stone Cherry (Aug. 21, 9 p.m., \$29.50); Tarrus Riley (Aug. 22, 9 p.m., \$25); Alice in Chains (Sept. 5, 9 p.m., sold out); Robin Trower (Sept. 12, 9 p.m., \$29.50); Mitchell Musso with KSM (Sept. 13, 1 p.m., \$50 meet-and-greet and \$20 admission); Ingrid Michaelson (Sept. 17, 9 p.m., \$20); Moby (Sept. 20, 8 p.m., \$30); The Walkmen with Here We Go Magic (Sept. 23, 8 p.m., \$16); KMFDM with Angel Spit (Sept. 24, 9 p.m., \$25); Mutemath (Sept. 25, 9 p.m., \$22.50); Mat Kearney (Sept. 26, 9 p.m., \$20); Charlatans UK (Sept. 27, 8 p.m., \$22); "Heavenly Harmony XII" (Oct. 3, 8 p.m., \$49); Gossip (Oct. 8, 9 p.m., \$20); Dinosaur Jr. with Bob Mould, and Lou Barlow and the Missingmen (Oct. 9, 8 p.m., \$28); Dragonforce with

Sonata Artica and Taking Dawn (Oct. 11, 8 p.m., \$25); Ludo with Meese, Ha Ha Tonka and Without a Face (Oct. 16, 8 p.m., \$25); The Raveonettes with The Black Angels (Oct. 17, 9 p.m., \$15); Queensryche (Oct. 22, 9 p.m., \$29.50); Dr. Dog (Oct. 23 and 24, 9 p.m., \$16); Pinback (Oct. 29, 9 p.m., \$14); Tesla (Nov. 2, 8 p.m., \$29); The Get Up Kids with Kevin Devine and The Life and Times (Nov. 6, 8 p.m., \$21.50); Peter Bjorn and John with El Perro Del Mar (Nov. 8, 8 p.m., \$22); Dan Auerbach with Jessica Lea Mayfield (Nov. 12, 9 p.m., \$20); Bassnectar (Nov. 14, 9 p.m., \$18); They Might Be Giants family show (Nov. 21, 3:30 p.m., \$25); Deadmau5 (Nov. 22, 8 p.m., \$22.50).

**THE KESWICK THEATRE, Easton Road and Keswick Avenue, Glenside (215-572-7650 or [www.keswicktheatre.com](http://www.keswicktheatre.com)):** Avant with K'Jon (Aug. 22, 8 p.m., \$39.50); The Neville Brothers with Dr. John (Aug. 25, 7:30 p.m., \$39.50 and \$49.50); Peter Frampton (Aug. 27, 7:30 p.m., \$45 and \$59); David Garrett (Sept. 16, 7:30 p.m., \$32.50); Loggins and Messina (Sept. 18, 8 p.m., \$69.50); Joan Osborne with Sharon Little and Marybeth Hammer (Sept. 20, 4 p.m., \$29.50 to \$44.50); Sinbad (Sept. 26, 8 p.m., \$41.50); David Sedaris (Oct. 4, 7 p.m., \$49.50); Brandi Carlile (Oct. 6, 8 p.m., \$25 and \$32); Los Lonely Boys with Alejandro Escovedo and Hacienda (Oct. 7, 7:30 p.m., \$27); Yonder Mountain String Band (Oct. 8, 8 p.m., \$22.50); Natalie Cole (Oct. 9, 8 p.m., \$59.50); Patton Oswalt (Oct. 10, 8 p.m., \$29.50); Ian Anderson plays acoustic Jethro Tull (Oct. 16, 8 p.m., \$45 and \$55); The Fab Faux (Oct. 17, 8 p.m., \$42.50 to \$77.50); "Jukebox Saturday Night" with Bobby Rydell, Peggy March, Emil Stuchio and the Classics and Lenny Welch (Oct. 24, 8 p.m., \$45.50); Brian Wilson (Oct. 29, 7:30 p.m., \$49.50 and \$67); The Capitol Steps (Nov. 1, 3 p.m., \$35); Engelbert Humperdinck (Nov. 6, 8 p.m., \$49.50 and \$59.50); Keb Mo (Nov. 7, 8 p.m., \$32 and \$42); Abba-Mania (Nov. 8, 7:30 p.m., \$32.50); Don McLean (Nov. 13, 8 p.m., \$35 and \$45); Dionne Warwick (Nov. 15, 7 p.m., \$49.50 and \$59.50); The Machine - Pink Floyd tribute (Nov. 27, 8 p.m., \$27 and \$32); Southside Johnny and the Asbury Jukes (Nov. 28, 8 p.m., \$39.50).

**THE NOTE, 142 E. Market St., West Chester (800-594-8499 or [www.thenote.tickets.music-today.com](http://www.thenote.tickets.music-today.com)):** Rebellution with Giant Panda Guerilla Dub Squad and Iration (Aug. 20, 8 p.m., \$15); Alright Junior with Bamboo Houses (Aug. 21, 9 p.m., \$8); Hoots and Hellmouth with Sisters 3 and Mason Porter (Aug. 22, 9:30 p.m., \$12); Red Jumpsuit Apparatus with Monty Are I, the Dares and Go Radio (Aug. 25, 6:45 p.m., \$16.50); Soraia with Phantasm, Oso and Victor Band (Aug. 27, 8 p.m., \$8); Whiskey Train with Five Times August and Braxton Parker (Aug. 28, 9 p.m., \$8); Kingsnake with The Double Planet (Aug. 29, 9 p.m., \$8); Joe Jack Talcum with The Bassturd and Samuel Locke-Ward vs. Darren Brown (Sept. 1, 8 p.m., \$8); The New Deal (Sept. 11, 9 p.m., \$23); Zelazowa with Cheers Elephant, The Courage Pills and The Tressels (Sept. 12, 9 p.m., \$8); Afromotive with Rubblebucket Orchestra (Sept. 17, 8 p.m., \$10); Need to Breathe with Serena Ryder and Green River Ordinance (Sept. 18, 9 p.m., \$10); Owl City with Kate Havnevik (Sept. 19, 6:30 p.m., \$14); The Blue Method with The Dynamites and Revision (Sept. 19, 10:30 p.m., \$12); Backwoods Payback with American Speedway, Caltrop, Kingsnake and Count Von Count (Sept. 25, 9 p.m., \$8); Assembly of Dust with the Emmitt Nerishi Band (Oct. 2, 9 p.m., \$17); Perpetual Groove (Oct. 9, 9 p.m., \$14); Soulive (Oct. 14, 8 p.m., \$20); Peek A Boo Revue with the Billy D. Lite Trio (Oct. 3, 10 p.m., \$13 - 21 and older); The Legwarmers: 80s Tribute (Oct. 17, 9:30 p.m., \$10); Captured by Robots (Oct. 24, 9 p.m., \$10).

The American Music Theatre, 2425 Lincoln Highway East, Lancaster (717-397-7700 or [www.AMTshows.com](http://www.AMTshows.com)): Sara Evans (Aug. 30, 8 p.m., \$67); The Black Crowes with Truth and Salvage Company (Aug. 31, 8 p.m., \$55); Mike Albert and the Gospel Imperials (Sept. 4, 8 p.m., \$35); Bill Cosby (Sept. 12, 3 and 7 p.m., \$54 and \$70); Eric Burdon and the Animals with Badfinger (Sept. 13, 7 p.m., \$55); Ray Stevens (Sept. 18, 8 p.m., \$55); Craig Morgan (Sept. 19, 8 p.m., \$55); Charley Pride (Sept. 20, 7 p.m., \$65); Eddie Holman, the Tokens and the Dupees (Oct. 2, 8 p.m., \$40); Bobby Vinton (Oct. 3,

3 p.m., \$59); Three Redneck Tenors (Oct. 4, 7 p.m., \$30); Engelbert Humperdinck (Oct. 5, 8 p.m., \$70); Neil Sedaka (Oct. 6, 8 p.m., \$65); Mark Lowry (Oct. 10 at 3 and 8 p.m., Oct. 11 at 3 p.m., \$30).

**THE SELLERSVILLE THEATER, 24 W. Temple Ave., Sellersville (215-257-5805 or [www.ST94.com](http://www.ST94.com)):** Quicksilver Messenger Service (Aug. 17, 8 p.m., \$19.50); Ron Kayfield and Company Guitar Legends (Aug. 19, 8 p.m., \$19.50); Nick Moss and the Flip Flops featuring Lurrie Bell (Aug. 20, 8 p.m., \$17.50); Parrot-beach - Jimmy Buffett tribute (Aug. 21, 8:30 p.m., \$25); Tommy Sands with Moya & Fionan (Aug. 22, 8 p.m., \$19.50); Adrien Belew Power Trio and Julie and Eric Slick with Tim Farrell (Aug. 26, 8 p.m., \$29.50 and \$45); Paul Cebar Tomorrow Sound (Aug. 27, 8 p.m., \$19.50); Barleyjuice with Paul Green School of Rock (Aug. 28, 8:30 p.m., \$19.50); Raymond the Amish Comic with Mike Stankewicz (Aug. 29, 6 and 9:30 p.m., \$21.50); Richie Furay Band with Dan May (Aug. 30, 7:30 p.m., \$29.50).

The Grand Opera House and The Baby Grand, 818 Market St., Wilmington, Del. (302-652-5577 or [www.ticketsatthegrand.org](http://www.ticketsatthegrand.org)): Eric Church (Sept. 3, 8 p.m., \$22); Lucinda Williams (Sept. 30, 8 p.m.); Esperanza Spalding (Oct. 1, 8 p.m., \$27 to \$42); Jonatha Brooke (Oct. 1, 8 p.m., \$27); Ben Folds (Oct. 5, 9 p.m., \$27.50 and \$37.50); Big Bad Voodoo Daddy (Oct. 11, 7 p.m., \$27 to \$35); Richard Thompson and Loudon Wainwright III (Oct. 12, 8 p.m., \$31 to \$40); Barry Scott: "Ain't Got Long to Stay Here" (Oct. 18, 3 p.m., \$20 and \$14); Robert Earl Keen and guests (Oct. 22, 8 p.m., \$30 to \$38); Lewis Black with John Bowman (Oct. 23 and 24, 8 p.m., \$49 to \$77); Jesse Cook (Nov. 2, 8 p.m., \$29); Keb' Mo' (Nov. 8, 7 p.m., \$34 to \$52); Lyle Lovett and His Large Band (Nov. 9, 8 p.m., \$39 to \$70); Abba Mania (Nov. 10, 8 p.m., \$28 to \$35); Joan Osborne, the Holmes Brothers and Paul Thorn (Nov. 14, 8 p.m., \$28 to \$35); Imagination Movers children's show (Nov. 18, 2 and 6:30 p.m., \$25 and \$35); Sinbad (Nov. 20, 8 p.m., \$36 to \$43); Bill Blagg III (Nov. 22, 3 p.m., \$28 and \$23); That's Amore: Dean Martin tribute (Nov. 29, 3 p.m., \$28 to \$35).

## 'JOURNEYS OF THE WOLF'

**THE DELAWARE COUNTY INSTITUTE OF SCIENCE, 11 Veterans Square, Media,** will be the site of "Journeys of the Wolf," an improvisational musical/spoken word production by Christine Campbell, on Aug. 23 at 7 p.m. Proceeds benefit the Lakota Wolf Preserve of Columbia, N.J. Tickets are \$15 in advance and \$20 at the door, and can be purchased online at [www.myspace.com/christinecampbellmusic](http://www.myspace.com/christinecampbellmusic), or at Seven Stones Gallery in Media (610-627-1177).

## CHADDSFORD CONCERTS

**CHADDSFORD WINERY, Route 1, Chadds Ford (610-388-6221 or [www.chaddsford.com](http://www.chaddsford.com)),** presents its summer concert series through Sept. 11 from 7 to 9:30 p.m. Bring your own seating. Gates open at 6 p.m., wine tastings at 6:30 p.m. Tickets are \$22 (reservations recommended). The schedule is: Been There Done That (Aug. 21); Synthesis (Aug. 28); Opera Night (Sept. 4); Alligator Zydeco (Sept. 11).

## EAGLEVIEW CONCERTS

**EAGLEVIEW TOWN CENTER, (Wellington Square and Rice Boulevard, Exton (800-851-2779, [www.hankingroup.com/Commercial-CorpEagleview-Events.php](http://www.hankingroup.com/Commercial-CorpEagleview-Events.php)))** hosts a concert series this summer. All concerts are free and begin at 7 p.m. The schedule includes: Works Progress Administration and Adrien Reju (Aug. 18) and Entrain (Aug. 25).

## WEST GOSHEN PARK

**WEST GOSHEN COMMUNITY PARK, N. Five Points and Fern Hill roads, West Chester (610-692-2550, [www.wgoshen.org](http://www.wgoshen.org))** is the site of the West Goshen Sunday Summer Concert Series. All concerts begin at 6:30 p.m. and admission is free. The schedule includes: Blackthorn (Aug. 23).

# THEATRE

## 'BROADWAY'S BEST'

**THE AMERICAN MUSIC THEATRE, 2425 Lincoln Highway East, Lancaster (717-397-7700 or [www.AMTshows.com](http://www.AMTshows.com)),** presents "Broadway's Best: The Music" from Aug. 21 to Oct. 9. Morning, afternoon and evening performances are scheduled. Tickets are \$37 (\$18.50 for those under 18). Call 800-648-4102 or visit online for reservations.

## 'NATHAN THE WISE'

**PEOPLE'S LIGHT AND THEATRE COMPANY, 39 Conestoga Rd., Malvern (610-644-3500 or [www.peopleslight.org](http://www.peopleslight.org)),** presents the American premiere of "Nathan the Wise" from Sept. 16 to Oct. 11. The production stars film and stage actor David Strathairn. Published in 1779, the play is set in Jerusalem in 1192, and celebrates religious tolerance and common bonds. Tickets are \$29 to \$48, with discounts for youth, seniors and groups. Other plays in the upcoming season are: "Absence" (Oct. 14 to Nov. 8); "Snow White: A Musical Panto" (Nov. 18 to Jan. 3); "King Lear" (March 3 to 28); "Stretch" (March 31 to April 25); and "The Secret of Sherlock Holmes" (July 7 to Aug. 8).

## BROADWAY SERIES

**THE KIMMEL CENTER BROADWAY SERIES** will feature touring shows staged at the Academy of Music, Merriam Theater and Forrest Theatre. The Broadway Series includes: "Chicago" with Jerry Springer (Sept. 15 to 20, \$25 to \$100); "Mamma Mia!" (Nov. 3 to 8); Mannheim Steamroller Christmas Show (Nov. 14, 8 p.m., \$30 to \$100); "White Christmas" (Nov. 24 to 29); "Wicked" (Jan. 6 to 24); "Rain:

Tribute to the Beatles" (Feb. 5 to 7, \$35 to \$85); "The Music of Andrew Lloyd Webber" (Feb. 8 to 14, \$20 to \$80); "Annie" (Feb. 26 to 28, \$20 to \$70); "Groovaloo: The Hip Hop Experience" (March 8 to 14, \$25 to \$60); "Disney's The Lion King" (March 30 to April 4); "August: Osage County" (April 27 to May 2); Michael Flatley's "Lord of the Dance" (May 14 to 16, \$20 to \$70); "Avenue Q" (June 18 to 20); "Dreamgirls" (June 22 to 27). Visit [www.kimmelcenter.org](http://www.kimmelcenter.org) or call 215-893-1999.

## WALNUT STREET SEASON

**THE WALNUT STREET THEATRE, 825 Walnut St., Philadelphia (215-5574-3550 or [www.WalnutStreetTheatre.org](http://www.WalnutStreetTheatre.org)),** presents the following shows this season: "Dirty Rotten Scoundrels" (Sept. 8 to Oct. 25); "Oliver!" (Nov. 10 to Jan. 10); "The Eclectic Society" (Jan. 19 to March 7); "Fallen Angels" by Noel Coward (March 16 to May 2); "Fiddler on the Roof" (May 18 to July 18). Call or visit online for subscriptions or ticket information.

## MEDIA THEATRE SEASON

**THE MEDIA THEATRE, 104 E. State St., Media (610-891-0100 or [www.mediatheatre.org](http://www.mediatheatre.org)),** presents the following shows this season: "Show Boat" (Sept. 30 to Nov. 1); "The Wizard of Oz" (Nov. 24 to Jan. 10); "Master Class" (Feb. 3 to 20); "13" (March 3 to 28); "Rent" (May 5 to June 6). The children's series includes: "Narnia" (Oct. 10, 17, 24 and 31 at 11 a.m.); "Ebenezer" (Dec. 5, 12, 19 and 26 at 11 a.m.); "The Emperor's New Clothes" (Feb. 6, 13 and 20 at 11 a.m.). Tickets are \$22 to \$42.50 for musicals (\$12 and \$10 for children's shows). Matinees and evening shows are scheduled. Call or visit online for tickets.

# NIGHTLIFE

**BRICKETTE LOUNGE, 1339 Pottstown Pike, West Chester (610-696-9656 or [www.brickettelounge.com](http://www.brickettelounge.com)).** Line dancing on Tuesday and Thursday from 8 to 11 p.m. with DJ. Karaoke on Wednesdays from 9 p.m. to 12:30 a.m. Live bands from 9 p.m. to 1 a.m. Smoke-free

**BROWNIES 23 EAST, 23 E. Lancaster Ave., Ardmore (610-649-8389 or [www.Brownies23east.com](http://www.Brownies23east.com)).** Kristen and the Noise (Aug. 19); Splintered Sunlight (Aug. 20).

**CEDAR HOLLOW INN, 2455 Yellow Springs Rd. (610-296-9006 or [www.cedarhollowinn.com](http://www.cedarhollowinn.com)).** Call for updated schedule.

**DOC MAGROGAN'S, 117 E. Gay St., West Chester (610-429-4046 or [www.docmagrogans.com](http://www.docmagrogans.com)).** DJ Tommy C upstairs on Fridays at 10 p.m. (no cover). Live bands on Saturdays from 10 p.m. to 2 a.m. (no cover). Karaoke at 9 p.m. on Tuesdays. Trivia downstairs on Wednesdays at 9:30 p.m.

**HILLTOP CRABHOUSE AND RESTAURANT, 8980 Gap Newport Pike, Toughkenamon (610-268-2766).** Blue Bayou (Aug. 20).

**KENNETT FLASH, 102 Sycamore Alley, Kennett Square (484-732-8295 or [www.kennettflash.org](http://www.kennettflash.org)).** Blue Monday Jam on Mondays at 8 p.m. Del Bittle's Bluegrass jam every Thursday at 8 p.m. Admission \$3 for players and \$5 for audience. Open Mic every Sunday at 7 p.m., hosted by Butch Zito. Admission \$4.

**THE LOUNGE, 246 Eagleview Blvd., Exton (610-594-0269).** Open daily at 4 p.m. Free pool on Tuesdays. Karaoke on Wednesdays at 9 p.m.

**MADDIE'S RESTAURANT, BAR AND HOTEL, 330 E. Lancaster Ave., Frazer (610-644-2722 or [www.maddies.com](http://www.maddies.com)).** Open every day from 3 p.m. to 2 a.m. Games, sports bar and live music. Acoustic music by the Human Rain Delay Duo on Thursdays from 9 p.m. to 1 a.m. Live bands Fridays and Saturdays from 10 p.m. to 2 a.m. "Island Sundays" feature reggae music on the deck from 5:30 to 10 p.m.

**MCKENZIE BREW HOUSE, 451 Wilmington-West Chester Pike (Route 202) (610-361-9800 or [www.mckenziebrewhouse.com](http://www.mckenziebrewhouse.com)).** Poker and Quizzo on Mondays, Bar Bingo on Tuesdays, Music Match and poker on Wednesdays, karaoke on Thursdays.

**MR. E'S TAVERN, 313 W. Kings Highway, Coatesville (610-384-4356 or [www.mrestavern.com](http://www.mrestavern.com)).** Karaoke contest with DJ Kalaya on Tuesdays from 8:30 p.m. to 12:30 a.m.

**SPENCE CAFE, 29 E. Gay St., West Chester (610-738-8844 or [www.spencecaferestaurant.com](http://www.spencecaferestaurant.com)).** Visit online for updated schedule.

**STEEL CITY COFFEE HOUSE, 203 Bridge St., Phoenixville (610-933-4043 or [www.steelcitycoffeehouse.com](http://www.steelcitycoffeehouse.com)).** Mad Poets Society Open Mic on the First Tuesday of the month. Every other Tuesday is Acoustic Open Mic. Every Wednesday "Steel City Sessions" from 8 to 10 p.m.

**THE TOWNHOUSE, 117 Veterans Square, Media (610-566-6141 or [www.townhouse.com](http://www.townhouse.com)).** Comedy on the first Friday of each month.

# SASSY SUPPERS



WITH ADA MITCHELL WC DISH



## LEMON LIME CHICKEN AND PASTA

*Summer is my favorite season. In fact, anytime when it is comfortable to grill outside is my favorite time of the year! That is not to say I don't grill in the winter, because trust me, I get out there, in a heavy coat, and fire up that grill.*

This recipe is a light summer dish that is still filling, and full of flavor. My children love it because it takes so little time to prepare and doesn't take away from play time. It only takes a few minutes in the morning, and few minutes in the evening and dinner is ready.

### Ingredients:

- 1 1/2 lbs of thin chicken breasts
- 1 Box of Pasta, (I prefer Angel Hair)
- 4 Tablespoons of Extra Virgin Olive

- Oil
- 2 juiced Limes
- 2 juiced Lemons
- 2 cloves of Garlic, crushed
- 2 Tablespoons of fresh Parmesan
- 1 Tablespoon of Butter
- 3 Teaspoons of fresh Parsley for garnish
- 1 Teaspoon of Garlic Salt
- Salt and Pepper to taste

### How to Make:

In a large Ziploc bag, put the olive oil, lemon and lime juice, garlic, and the skins of the lemons and limes. Marinate in the refrigerator for a minimum of 4 hours (overnight is best.)

Light the grill, and bring a large pot of

water to a rolling boil. Grill the chicken until it's

no longer pink and put the pasta into the water. Angel Hair only takes about 3-4 minutes, so I always wait until the chicken is cooked through, to allow time for me to cut the chicken into nice strips.

Once you drain the pasta, drizzle it with the olive oil, add the butter, and garlic salt. Toss the pasta to coat it evenly and add the salt and pepper to taste. (Season to taste.) Once the pasta is to your liking, place it in bowls, arrange the chicken across the top, and sprinkle with parmesan cheese and garnish with fresh Parsley.

### Variations:

Add fresh tomatoes, spinach or basil.

Sick of chicken? Use pork chops - but allow for a little more time marinating. If fish is more your speed, prepare a light white fish, like tilapia, and grill it up, but make sure you remember to rub the grill with a light coating of olive oil to prevent sticking.



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# ON THE TOWN




PHOTOS  
BY  
KAITLYN  
MCQUAID



AUG. 19, 2009 / PAGE 29

# ON THE TOWN



**CC HAPPY HOUR**  
*at Ram's Head, West Chester*

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**A FEW QUESTIONS WITH MELISSA VOLK OF THE SQUARE BAR**



**How did you become a bartender?**

I started working at the West Chester Elks lodge when I was 14, and saw how happy and excited the bartender was behind the bar. He was joking and laughing and making people feel good. He made it look like a night out rather than a job. Years later someone called out and I was called in. I was nervous at first, but quickly fell into the happy atmosphere of the bar. After my first night

I was hooked, and 15 fun-filled crazy years later I can't see myself doing anything else.

**Where do you work?**

I work at the Square Bar. One of the last corner bars in West Chester. It is a great place to come and relax. It is low key and laid back. I love to watch Flyers and Eagles games at the Square Bar. The Bar is definitely Flyers and Birds territory. Our customers are die hard fans. I once saw a guy take his Eagles Jersey off after a loss, step on it, and then put it back on. I love it. All of my customers are great.

**What is your biggest pet peeve?**

My two biggest pet peeves (too close to decide on one) are when people don't say thank you and when people take over 30 seconds to order a drink. First, I know chivalry is dying but basic manners need to stick around. A "thank you" and "please" wouldn't hurt here and there. The latter is the drink order, I am a bartender, I am here to help you, if you don't know what you want, tell me, I can help you. Tell me what you don't like, I'll make you something you do like.

**Where is your favorite place to go?**

My favorite place to hang out is Spence cafe. My friends and I always have a wonderful time. The wine compliments the amazing food. The servers are nice and the bartender is friendly. The wine tasting is always a great time. I really like wine.

**What is your favorite drink?**

My favorite drink is a Chopin martini slightly dirty with two olives, no vermouth. I did a blind taste test with my favorite bartender Mike and he said my favorite drink is a Kettle One martini slightly dirty with two olives no vermouth. Kettle One vodka or Chopin vodka. They are both fantastic martinis.

**What is your biggest compliment?**

My biggest compliment is when a business man from Chicago, Illinois came in the bar and said to me, "I haven't been here for six months. You have my beer on the bar and you remember what I want for dinner. You make me feel at home." Bar tending has given me the opportunity to meet countless amounts of people. Most have been wonderful. Some have been miserable. Some don't even know where they are. Without them I wouldn't have one of the best jobs on the planet.

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